NOVEMBER 2026

EMBERS Newsletter

INDEPENDENT LIVING FOR ACTIVE SENIORS



Welcome!

MARLENE BAKER
APT. 343
Sue Schoepke
APT. 402

Happy November! It seems hard to believe its already time to be celebrating Thanksgiving. We will have a sign-up sheet outside of the dining room for Thanksgiving guests. Please make sure you sign your guests up by November 16th, so we can plan ahead for how much food we need to prepare.

Remember to set your clocks back on Sunday, November 1st! We will be having a vendor craft show in the community room on Friday, November 20th from 12pm-3pm. Invite your family and friends! You can do a little shopping for Christmas!

Once Thanksgiving has passed, it will be time to get ready for Christmas! The Embers elves will be placing Christmas trees in your solariums for you to decorate and make your own. For those who are new to the Embers, decorating your solarium is a fun way to celebrate the season and create a festive space for you and your neighbors to enjoy together. It's a wonderful opportunity to get creative, spread some Christmas cheer, and get to know your neighbors even better!

With the possibility of Iowa snow just around the corner, we ask that anyone with a garage please begin parking in their designated spot whenever possible. This will help our snow removal company clear the parking lot more efficiently and keep things safe for everyone

We hope you all have a wonderful November and a very Happy Thanksgiving! May you enjoy time with your family, friends, and loved ones!

RESIDENT BIRTHDAYS

KEN HAZEN~NOVEMBER 1ST

CAROL HOLLOWELL~NOVEMBER 3RD

JEANETTE LONEY~NOVEMBER 7TH

CAROLE HADLEY~NOVEMBER 10TH

JOYCE MEYER~NOVEMBER 15TH

LARRY WILKENING~NOVEMBER 27TH



STAFF BIRTHDAYS



LILLIE~NOVEMBER 19TH

CHER~NOVEMBER 20TH

MARQUES~NOVEMBER 23RD



HAPPY ANNIVERSARY
LONDELL & ELLEN JOHNSON
NOVEMBER 19TH



John Bradley Albert Hawkins Norm Egli

Dessa Hattenfield Carol Hollowell

Londell Johnson Orlyn Langenbau

Chuck Nichols Larry Wilkening Dan Garvey

John Hilleman Ken Hazen

Terry Weismann Ron Kauffman Harvey Varnum

Jerry Abbe Jerry Wilhelm Paul Alman

THANK YOU FOR YOUR SERVICE



VERN & AUDREY HARMS

VERN WAS BORN ON JUNE 7, 1954 IN THE GRUNDY HOSPITAL. HE ATTENDED WELLSBURG, GRADUATING FROM THERE IN 1972. HE HAS 4 BROTHERS AND 3 SISTERS. AFTER SCHOOL, HE WORKED AT RAMCO IN ELDORA, THEN WORKED AT FISHER CONTROLS FOR 42 YEARS, RETIRING FROM THERE IN 2016. VERN LIKES TO GOLF AND PLAY CARDS.

AUDREY WAS BORN SEPTEMBER 27, 1955 IN GRUNDY CENTER. SHE WENT TO ACKLEY GENEVA SCHOOL SYSTEM, GRADUATING IN 1973. AUDREY ATTENDED HAWKEYE TECH FOR LPN TRAINING, AND WORKED AT THE ELLSWORTH HOSPITAL FOR 5 YEARS. SHE THEN TRANSFERRED TO THE MARSHALLTOWN HOSPITAL WHERE SHE WORKED FOR 30 YEARS, RETIRING FROM THERE. SHE ENJOYS PUTTING PUZZLES TOGETHER, PLAYING CARDS, DOING DIAMOND PAINTING, READING, AND BEING WITH HER GIRLFRIENDS.

AUDREY AND VERN HAVE 2 DAUGHTERS-JACLYN AND SARAH, AND 1 GRANDSON AND 1 GRAND DAUGHTER. THEY TRAVELED TO BRANSON AND GATLINBURG, AND LOVE GOING TO THEIR GRAND KIDS SOCCER GAMES. THEY ATTEND THE CONRAD PRESBYTERIAN CHURCH.

VERN AND AUDREY MOVED HERE JULY 1, 2026. THEY LOVE THEIR APARTMENT WITH THE GREAT VIEWS. THEY HAVE MANY NEW FRIENDS, LIKES THE SOCIALIZING, NO COOKING OR CLEANING, AND A PEACE OF MIND.



LAVERNA KLEFFMAN

LAVERNA WAS BORN JANUARY 12, 1937 IN CRESTON. SHE WENT TO SCHOOL AND GRADUATED FROM THERE. SHE RECEIVED A SCHOLARSHIP TO A JR COLLEGE AND WORKED AT THE DES MOINES MEREDITH PUBLISHING CO, WHERE BETTER HOMES AND GARDENS AND THE SUCCESSFUL FARMING MAGAZINES ARE PRINTED. AT 21 SHE STARTED HER CAREER AS A MINISTER, DOING MISSION WORK HERE IN IA. SHE THEN WENT TO GERMANY IN 1963, WORKING AS A MISSIONARY FOR 59 YEARS.

LAVERNA TRAVELED TO OVER 30 COUNTRIES FOR THEIR ANNUAL GATHERINGS. IN 1989 SHE WAS IN INDIA, PAKISTAN, & SRI-LANKA. SHE LIVED IN AUSTRALIA AND NEW ZEALAND FOR 2 YEARS, AND MOSTLY IN EUROPEAN COUNTRIES. IN 1976 SHE LIVED IN COMMUNIST EASTERN GERMANY. SHE WAS FREE TO TRAVEL BACK AND FORTH TO WESTERN GERMANY AFTER THE WALL FELL. (HER STORY IS VERY INTERESTING)

LAVERNA CAME BACK TO THE STATES IN 2022, WHERE SHE CONTINUED HER MISSIONARY WORK TIL 2024, LOVING THE WORK SHE DID FOR ALL HER LIFE. SHE HAS TRAVELED TO CA, CO, NY, NH, CANADA, WENT ON A SAFARI IN AFRICA, ALSO GOING TO KENYA.

SHE MOVED HERE JULY 17, 2026. SHE LIKES TO PLAY SCRABBLE, AND WRITING TO HER MANY FRIENDS ALL OVER THE WORLD. LAVERNA IS IMPRESSED WITH THIS FACILITY, LOVES THE FOOD, HER FRIENDS, AND FEELS VERY HAPPY HERE.

November Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Fish Scalloped Potatoes Brusses Pie	2 Cubed Steak Potatoes & Gravy Mixed Veggie Assorted Dessert	3 Chicken Breast Baked Potato Green Beans Ice cream	4 Enchilada Rice Beans Cookies	5 Hamballs Stuffing Sweet Potatoes Cake	6 Dried Beef Over Toast Corn Flip	7 Smoked Sasusage Sauerkraut Sc. Potatoes Peas Fried Apples
8 Country Fried Chicken Potatoes & Gravy Mixed Veggie Pie	9 Hobo Pack Roll Assorted Dessert	10 Tilapia Cheesy Potatoes Carrots Bar	11 Porcupine Meatballs Potatoes Gravy Zucc. Blend Cookies	12 Porkchop Rice Broccoli Cake	13 Hamburger & Hotdogs Baked Beans Potato Salad Straw. Short Cake	14 Pork Cutlet Potatoes & Gravy Mixed Veg Ice Cream
15 Asian Beef Snap Peas Rice Pie	16 Orange Chicken Spring Roll Asian Veggie Assorted Dessert	17 Resident of The Month Audrey and Vern Harms	18 Shrimp AuGratins Cabbage Cookies	19 Swedish Meatballs Potatoes & Gravy Squash Turnover	20 Porkchop Cheesy Potatoes Corn Cake	21 Caprese Chicken Rice Carrots Ice Cream
22 Hot Beef Plate Potatoes & Gravy Green Beans Pie	23 Catfish Sc. Potatoes Mixed Veggies Assorted Dessert	24 Baked Chicken Cheesy Potatoes Calif. Medley Dream Bar	25 Pork Roast Potatoes & Gravy Peas Cookies	26 Thanksgiving Dinner	27 Steak Tacos Rice Beans Churro Breadstick	28 Minuete Steak Potatoes & Gravy Malibu Veggie Oreo Ice Box Cake
29 Porkchop Cheesy Potatoes Carrots Pie	30 Fish Platter Fries Breaded Green Beans Assorted Dessert					

November Supper

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Egg Salad Italian Wedding Soup	2 Pancakes Sausage Baby Cakes	3 Cheddarwurst Sidewinders	4 BLT Chips	5 Club Wrap Lobster Bisque	6 Chicken Strips Fries	7 Goulash Roll
8 Ham Salad Garden Veggie Soup	9 Sausage Skillet Toast	10 Subs Chips	11 Pork Burger Fries	12 Pinwheel Chicken Noodle Soup	13 Cheese Tortellini Garlic Knot	14 Tatortot Casserole Roll
15 Loaded Chicken Veggie Beef Soup	16 Breakfast Sandwich Parfairt	17 Spaghetti w/ Meat Sauce Garlic Bread	18 Grilled Cheese Tomato Soup	19 Hot Slider Ham & Bean Soup	20 Sloppy Joe Fries	21 Brats Chips
22 Chef Salad Crackers	23 Biscuit & Gravy Potato Triangle	24 Lasagna Roll Up Roll	25 Patty Melt Chips	26 Grilled Chicken Sweet Potato Fries	27 Beef & Noodles Over Mashed Potatoes	28 Homemade Chili
29 Reuben Chips	30 French Toast Smokies					

November Activities



Thursday, November 5th, National Donut Day, Donuts in the Perk	9:00am	Perk
Thursday, November 5th, Blood Pressure and Education	1:30pm	Perk
Friday, November 6th, Resident Birthday Party	2:30pm	Community Room
Monday, November 9th, Easy Trivia with Pam	1:30pm	Perk
Thursday, November 12th, Animal Rescue League: Pet Therapy	2:00pm	Community Room
Friday, November 13th, Happy Hour	2:00pm	Perk
Monday, November 16th, Music with Dennis (First time here)	2:00pm	Perk
Tuesday, November 17th, Card Making	2:00pm	Perk
Wednesday, November 18th, Rolls and Coffee	9:00am	Perk
Thursday, November 19th, Bingo with Bruni	1:00pm	Perk
Friday, November 20th, Vendor Show	12-3pm	Community Room
Monday, November 23rd, Jeopardy with Pam	1:30pm	Perk
Tuesday, November 24th, Crafts	2:00pm	Perk
Friday, November 27th, Bingo	2:00pm	Community Room