



hello

AUGUST

From the Director's Desk:

Happy August! I can't believe it's State Fair month. The Iowa State Fair is August 10th-20th. We will be celebrating the state fair at the Embers on August 17th.

Thank you to Royal and Jan Young for the delicious sweetcorn and to the corn chucker's that helped!

School will be starting soon and we will be doing our annual school drive for the local schools. Teachers can always use the following: pencils, crayons, markers, expo markers, post-it notes, glue sticks, Kleenex boxes, Clorox wipes, folders, dry erase markers, and scissors. I will have a box outside of my office for anyone that would like to donate.

If you are a resident that parks your vehicle on the West side of the building by the C Door and do not have a garage, please come see me.

Also, We will be having an Open House on Wednesday, August 9th from 2pm-4pm. Please invite your friends! We will be having refreshments. Have a great August!

~Linsey



Happy Birthday

Virginia Sloat	8/2	June Bradley	8/19
Jeanette Johnson	8/4	Lois Cochran	8/20
Ruth Kunch	8/5	Bill Love	8/22
Gary Gonnerman	8/6	John Bradley	8/23
Allan Bangston	8/8	Betty Kvidera	8/24
Jeannette Cooper	8/8	Ray Kirkdorffer	8/29
Paul Clark	8/17	Royal Young	8/30

Employees

Kris Eberle 08/11

JoAnn Castell 08/17

Jodi McGinty 08/27

Resident Birthday Party 2PM, Friday, August 4th in the Community



Gary & Marguerite Gonnerman
Apt 230



Shirley Peterson
Apt 338



Regular Weekly Activities

Monday

Medical Appointments Van Runs 8am-12pm

8:00AM Exercise in the Pool

6:30PM Game Night in The Perk Coffee Shop

Medical Appointments Van Runs 8am-12pm

Tuesday

10:00AM Exercise Class in the Community Room

1:45PM Alternating grocery stores

Aug 1 - Hy-Vee

Aug 8 - Fareway

Aug 15 - Hy-Vee

Aug 22- Fareway

Aug 29 - Hy-Vee



Wednesday

Medical Appointments Van Runs 8am-12pm

8:00AM Exercise in the Pool

10:00AM Play 500 in The Perk Coffee Shop

10:00AM Catholic Communion 1st Wednesday of the month

10:00AM Lutheran Communion 2nd Wednesday

12:50PM Bible Study in the Perk

2:00PM Resident Meeting in the Chapel (3rd Wednesday)

3:00PM Bags in the Community Room

Medical Appointments Van Runs 8am- 12 pm

Thursday

10:00AM Exercise Class in the Community Room

Friday

No Medical Appointments

8:00AM Exercise in the Pool

9:30AM Kings in the Corner(Perk)

6:00PM Movie in the Theater

Sunday

6:00PM Vespers in the Chapel



Watermelon Feed




Dinner

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>Salisbury Steak White Rice California Medley Pudding Tart</p>	<p>2</p> <p>French Dip Sidewinders Baked Beans Cake</p>	<p>3</p> <p>Bacon wrapped Turkey Potatoes/Gravy Veggies Brownies</p>	<p>4</p> <p>Tilapia Scalloped Potatoes Squash Cookies</p>	<p>5</p> <p>Fried Chicken Cheesy Potatoes Veggies Ice Cream</p>
<p>6</p> <p>Pork Roast Stuffing/Gravy Mixed Veggies Pie</p>	<p>7</p> <p>Meatloaf Potatoes/Gravy Green Beans Assorted Desserts</p>	<p>8</p> <p>Lasagna Garlic Bread Zucchini Blend Chocolate Lasagna</p>	<p>9</p> <p>White Fish Au gratins Veggies Cookies</p>	<p>10</p> <p>Chicken Cordon Bleu Potatoes/Gravy Peas Cake</p>	<p>11</p> <p>Ham Loaf Loaded Potatoes Veggies Pumpkin Bars</p>	<p>12</p> <p>Smoked Pork Chops Red Potatoes Corn Flip</p>
<p>13</p> <p>Hot Turkey Plate Potatoes/Gravy Veggies Pie</p>	<p>14</p> <p>Dried Beef over Toast Veggies Assorted Desserts</p>	<p>15</p> <p>State Fair Food</p>	<p>16</p> <p>Porcupine Meatballs Potatoes/Gravy Veggies Cookies</p>	<p>17</p> <p>Chicken Baby Bakers Squash Rice Krispie Treat</p>	<p>18</p> <p>Salmon Twice Baked Potatoes Carrots Cake</p>	<p>19</p> <p>Smoked Pork Loin Potatoes/Gravy Asparagus Cheesecake</p>
<p>20</p> <p>Brisket/Gravy Au gratins Green Beans Pie</p>	<p>21</p> <p>Cubed Steak Potatoes/Gravy Onions Assorted Desserts</p>	<p>22</p> <p>Fish & Chips Corn Banana Bars</p>	<p>23</p> <p>Cream Chicken over Biscuits Cookies</p>	<p>24</p> <p>Resident Meal Janet Price</p>	<p>25</p> <p>Pork Fritter Potatoes/Gravy Veggies Fried Apples</p>	<p>26</p> <p>Smoked Chicken Cheesy Potatoes Veggies Cobbler</p>
<p>27</p> <p>Pork Chop Potatoes/Gravy Mixed Veggies Pie</p>	<p>28</p> <p>Cod Rice Peas Assorted Desserts</p>	<p>29</p> <p>LUAU</p>	<p>30</p> <p>Cooks Choice</p>	<p>31</p> <p>Baked Chicken Potatoes/Gravy Veggies Cake</p>		<p>Janet Price Resident Meal August 24th</p>

Supper

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Slider Soup	2 Cheeseburger Fries	3 Summer Sausage & Cheese Ham & Bean Soup	4 Spaghetti Garlic Bread	5 Tater Tot Casserole Roll
6 Ham Salad Sandwich Potato Soup	7 French Toast Sausage Star Tots	8 Sloppy Joe Veggie Beef Soup	9 Pork Burger Sweet Potato Fries	10 Sandwich California Medley Soup	11 Baked Potato Bar	12 Mini Burger Fries
13 Chicken Sandwich Wisconsin Cheese Soup	14 Breakfast Pizza Yogurt Parfait	15 Wings Mushroom Brie Soup	16 Brat Chips	17 Italian Combo Sandwich Tomato Soup	18 Beef & Noodles Over Mashed Potatoes Roll	19 Chicken Strips Fries
20 Ham Sandwich Clam Chowder Soup	21 Biscuit Scrambled Eggs Smokies	22 Chicken Wrap Corn Chowder Soup	23 Hot dog Chili	24 Pastrami Sandwich Chips	25 Turkey Tetrizzini Roll	26 Philly Cheese Steak Italian Wedding Soup
27 Turkey Sandwich Broccoli & Cheese Soup	28 Country Club Eggs Tri Tater	29 Hot Ham & Cheese Split Pea & Ham Soup	30 Grilled Chicken Chips	31 Roast Beef & Cheddar Sandwich Minestrone Soup		

August Special Events

3 rd - Mid-Iowa Antique Power	1:00 PM	Lobby
4 th – Resident Birthday Party	2:00 PM	Community Room
9 th – Walmart	1:45 PM	O Door / Lobby
9 th - Jeopardy	2:00 PM	Perk
10 th – Green Castle	1:30 PM	Lobby
11 th – Bingo	2:00 PM	Community Room
16 th – Resident Meeting <i>Bring up 5% Franchise fee</i>	2:00 PM	Chapel
16 th – Blood Pressure	2:30 PM	Perk
17 th - Bruni Craft	12:45 PM (note 15 minutes early for craft)	Perk
17 th – State Fair	2:00 PM	Perk
18 th – Bingo	2:00 PM	Community Room
21 st – Matchstick Marvels	1:30 PM	Lobby
23 rd – Wal-mart	1:45 PM	O Door / Lobby
24 th – Museum, Encounter Exhibits of God – Friends Church	2:00 PM	Lobby
25 th – Ron Burgess Music	2:00 PM	Community Room
28 th – Root Beer Floats	2:00 PM	Perk
29 th – Luau Lunch	11:00 AM	Dining Room
29 th – Aldi's Grocery	1:45 PM	O Door / Lobby
30 th – Quilts of Valor	1:00 PM	Community Room
31 st – Jane Apron's	2:00 PM	Chapel
Marshall County Auditor Vote will be held Sept. 12 th	641-754-6302	Request Absentee Ballet for voting for 5% Franchise Fee