



From the Director's Desk:

Hello April! I am so glad Spring is finally here and we are starting to get warmer weather. We will be getting the gardens cleaned up and the furniture outside for all of you to enjoy!

We had our severe weather/tornado drill this week, we are approaching that kind of weather and we want you to be sure that you know what to do in case of a tornado warning. If you are in your apartment please go into your bathroom and shut your door. This is the safest spot. If you would be near the dining room please go to the community room for safety.

If you are feeling ill and it is your housekeeping day, please let your housekeeper know. We want to keep everyone healthy.

Happy Easter to you all-I'm sure we will see some little bunnies hopping down the halls!

Love~Linsey



Spring Birthday's

Corrine Martin ~ 4/1

Joy Kreykes ~ 4/4

Harriet Parrott ~ 4/17

Alice Vergauwen ~ 4/17

Barbara Jo ~ 4/18

Kathy Kerkoforffer ~ 4/20

Janet Price ~ 4/20

STAFF BIRTHDAYS

Debbie Dodd ~ 4/13

Dave Karsjen ~ 4/18

Anniversary ~ John & Judith Detrich

Resident Birthday Party 2PM, Friday, April 7th in the Community

Carnival Fun!



Carnival Fun!



Regular Weekly Activities

Monday

Medical Appointments Van Runs 8am-12pm

8:00AM Exercise in the Pool

6:30PM Game Night in The Perk Coffee Shop

Medical Appointments Van Runs 8am-12pm

Tuesday

10:00AM Exercise Class in the Community Room

1:45PM Fareway—we will be alternating grocery stores each week

Wednesday

Medical Appointments Van Runs 8am-12pm

8:00AM Exercise in the Pool

10:00AM Play 500 in The Perk Coffee Shop

10:00AM Catholic Communion 1st Wednesday of the month

1:00PM Bible Study in the Perk

2:00PM Resident Meeting in the Chapel (3rd Wednesday)

3:00PM Bags in the Community Room



Medical Appointments Van Runs 8am- 12 pm

Thursday

10:00AM Exercise Class in the Community Room

Friday

No Medical Appointments

8:00AM Exercise in the Pool

9:30AM Kings in the Corner(Perk)

1:45 PM HyVee— we will be alternating grocery stores each week

6:00PM Movie in the Theater

Sunday


6:00PM Vespers in the Chapel



April Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Cream Chicken Over Biscuit Fried Apples
2 Pork Roast Potatoes/Gravy Corn Pie	3 Pepper Steak Rice Veggies Ice Cream	4 Country Fried Steak Potatoes/Gravy Broccoli Assorted Desserts	5 French Dip Fries Slaw Cookies	6 Chicken Red Potatoes California Medley Cake	7 Tilapia Potatoes/Gravy Carrots Flip	8 Smoked Pork Chops Cheesy Potatoes Squash Crisp
9 Easter Meal Happy Easter!!	10 Dried Beef Gray over Toast Peas Assorted Desserts	11 Cod Potatoes/Gravy Veggies Cookies	12 Chicken Twice Baked Potatoes Veggies Ice Cream	13 Salisbury Steak Rice Carrots Ice Cream	14 Smoked Pork Chops Baby Bakers Broccoli Blend Cake	15 Tenderloin Baked Beans Fries Blondie
16 Brisket Potatoes/Gravy Mixed Veggies Pie	17 Cheeseburger Fries Corn Ice Cream	18 Chicken Kiev Loaded Potatoes Veggies Assorted Desserts	19 Shrimp Rice Green Beans Chocolate Chip Cookies	20 Cooks Choice	21 Resident of the Month Barb Wollam	22 Smoked Bacon wrapped Turkey Red Potatoes Cauliflower Scotcheroos
23 Hot Turkey Plate Potatoes/Gravy Veggies Pie	24 Ham Balls Stuffing Sweet Potatoes Assorted Desserts	25 Country Fried Chicken Potatoes/Gravy Corn Honey Bun Brownies	26 Swiss Steak Rice Peas Pumpkin Bars	27 White Fish Scalloped Potatoes Carrots Ice Cream	28 Cubed Steak Onion Potatoes/Gravy Cake	29 Smoked Chicken Loaded Potatoes Veggies Turnover
30 Cooks Choice					Menu is subject to change	

April Supper

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Goulash Garlic Bread
2 Sandwich Soup	3 Scrambled Eggs Sausage Tri Tator	4 Pinwheels Chicken Dumpling Soup	5 Grilled Chicken Chips	6 Slider Mushroom Brie Soup	7 Tuna Noodles Roll	8 Chili Corn Bread
9 Turkey Sandwich Potato Soup	10 Breakfast Quiche Potato Cake	11 Italian Combo Sandwich California Medley Soup	12 Pork Burger Sweet Potato Fries	13 Scalloped Potatoes & Ham Roll	14 Spaghetti w/ Meat Balls Garlic Bread	15 Baked Potato Bar
16 Chicken Sandwich Garden Veggie Soup	17 Sausage Skillet Toast	18 Sloppy Joe Italian Wedding Soup	19 BLT Chips	20 Pastrami Sandwich Wisconsin Cheese Soup	21 Chicken Noodles Over Mashed Potatoes Roll	22 Tater Tot Casserole Roll
23 Ham Sandwich Broccoli Cheese Soup	24 Pancakes Scrambled Eggs Smokies	25 Crispy Chicken Wrap	26 Bratwurst Sauerkraut Chips	27 Summer Sausage Cheese Ham & Bean Soup	28 Beef Stroganoff Over Noodles Roll	29 Subs Chips
30 Cooks Choice						

APRIL SPECIAL EVENTS 2023



3rd - Root Beer Floats -	2:00 p.m.	Perk
5th - Out for Ice Cream D.Q.	2:30 p.m.	Lobby or O door
6th - Bingo	2:00 p.m.	Comm. Room
7th - Resident B'Day Party	2:00 p.m.	Comm. Room
10th - Easter Party	2:30 p.m.	Perk
11th - Card making JoAnn	2:00 p.m.	Perk
12th- Wal-Mart Wed.	1:45 p.m.	O door
Jeopardy!!!	2:00 p.m.	Perk
13th - Trip to Norway	2:00 p.m.	Comm. Room
16th - Last Live on Stage	1:30 p.m	Meet in Lobby.
17th - 21st	AMERICAN CHOCOLATE WEEK!!!	
19th- Resident Meeting	2:00 p.m.	Chapel
Blood Pressure Check	2:30 p.m.	Perk
20th - Bruni Bingo	1:00 p.m.	Perk
Hot Fudge Sundae's	2:30 p.m.	Perk
24th - Trip To Casino	12:30 p.m.	Meet in Lobby
25th - Cinnamon Rolls & Coffee	9:30 a.m.	Perk
26th- WalMart	1:45 p.m.	O door
27th - Bingo	2:00 p.m.	Community Room