



From the Director's Desk:

Happy November! It seems hard to believe it's already time to be celebrating Thanksgiving! It is so pretty outside right now and the red colors are brilliant! We will have a sign-up sheet outside of the dining room for Thanksgiving Dinner guests. Please make sure you sign your guests up so we can plan a head for how much food we need.

After we celebrate Thanksgiving we will get ready for Christmas, so the staff elves will be putting up the trees and hanging the lights so you can decorate them. For our newcomers, decorating your solarium Christmas tree is an event for you and your neighbors to enjoy together, so don't be shy! Our community is so pretty when it is decorated for the holidays.

Please welcome our new residents and help them feel welcomed. Joan Pfantz in Apt. 335, Ken and Alice Vergauwen in Apt. 345, and John and Judy Detrich in Apt. 136.

Thank you to everyone that has donated books to our library. We could always use large print books. I would also like to thank our resident Kathy Kirkdorffer for being such a great Librarian for all of us at the Embers! I hope all of you have a Happy Thanksgiving and get to enjoy time with your loved ones. ~Linsey

Embers Fun









RESIDENT BIRTHDAYS

JoAnn Daters~ November 3rd

Ron Nauman~ November 6th

John Dresser~ November 7th

Ellie Chandler~ November 19th

Larry Wilkening~ November 27th



STAFF BIRTHDAYS

Connie Ruopp~ November 24th

Mike Anderson~ November 28th



Remember the Resident Birthday

Party Friday, November 4th @ 2PM

Londell & Ellen Johnson ~ November 19th

Resident Birthday Party 2PM, November 4th in the Community Room

Regular Weekly Activities

Monday

Medical Appointments Van Runs 8am-12pm

8:00AM Exercise in the Pool

6:30PM Game Night in The Perk Coffee Shop



Medical Appointments Van Runs 8am-12pm

Tuesday

10:00AM Exercise Class in the Community Room

1:45PM Fareway (sign up)

Wednesday

Medical Appointments Van Runs 8am-12pm

8:00AM Exercise in the Pool

10:00AM Play 500 in The Perk Coffee Shop

10:00AM Catholic Communion 1st Wednesday of the month

1:00PM Bible Study in the Perk

2:00PM Resident Meeting in the Chapel (3rd Wednesday)

3:00PM Bags in the Community Room



Medical Appointments Van Runs 8am-12pm

Thursday

10:00AM Exercise Class in the Community Room



Friday

No Medical Appointments

8:00AM Exercise in the Pool

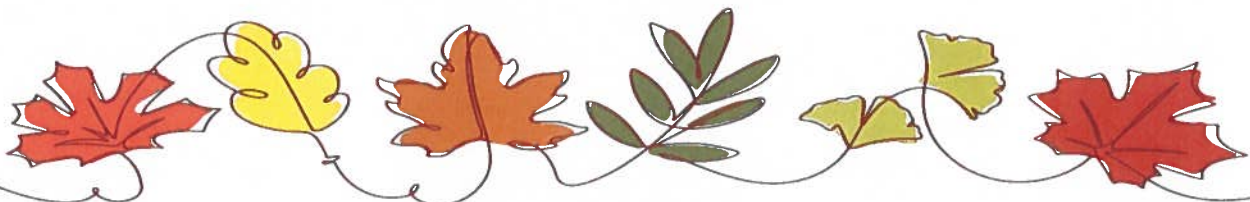
9:30AM Kings in the Corner(Perk)

1:45PM Hyvee(2nd, 3rd, & 4th Friday go in the PM, sign up)

6:00PM Movie in the Theater

Sunday

6:00PM Vespers in the Chapel



Autumn

NOVEMBER SPECIAL EVENTS 2022

3rd - Hy Vee Thursday	1:45 p.m.	O door
4th - Resident B'day Party	2:00 p.m.	Comm. Room
8th - Card making	2:00 p.m.	Perk
9th - Jeopardy	2:00 p.m.	Perk
Wal-Mart	1:45 p.m.	O door
10th - Rearview Mirror Music	2:00 p.m.	Comm. Room
13th - Steve's Music	2:00 p.m.	Comm. Room
16th - Resident Meeting	2:00 p.m.	Chapel
Blood Pressure Check	2:30 p.m.	Main Library
17th - Roll & Coffee	10:00 a.m.	Perk
Craft Class	1:00 p.m.	Perk
21st - Happy Hour	2:00 p.m.	Perk
22nd - Card Making	2:00 p.m.	Perk
23rd - WalMart	1:45 p.m.	O door
24th -	Happy Thanksgiving!!!	
28th - Mert & Jerry Music	2:00 p.m.	Comm. Room
29th - Crafts	2:00 p.m.	Perk
Sweet Adelines Concert	6:30 p.m.	Comm. Room
30th - Roll & Coffee	9:30 a.m.	Perk

November

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Porcupine Meatballs Potatoes/Gravy Corn Assorted	Asian Beef Rice Fried Apples	Coconut Shrimp Au gratins Broccoli Ice Cream	Chicken Cheesy Potatoes Squash Cobbler	Pork Chop Loaded Potatoes Green Beans Cake
6	7	8	9	10	11	12
Brisket Potatoes/Gravy Mixed Veggies Pie	Hawg Wings Loaded Potatoes Veggies Assorted Desserts	Salmon Cheesy Potatoes Veggies Ice Cream	Cubed Steak Potatoes/Gravy Veggies Cookies	Orange Chicken Rice Veggies Cake	Swedish Meatballs Potatoes/Gravy Veggies Turnover	Bacon wrapped Pork Chop Wild Rice Veggies Flip
13	14	15	16	17	18	19
Pork Roast Stuffing/Gravy Corn Pie	Cooks Choice	Chicken Breast Potatoes/Gravy California Medley Cookies	Pork Chop Au gratins Veggies Cheesecake	Buttered Cod Au gratins Veggies Ice Cream	Ham Balls Sweet Potatoes Carrots Strawberry Short Cake	Beef & Broccoli White Rice Brownies
20	21	22	23	24	25	26
Baked Chicken Mac & Cheese Green Beans Pie	Pork Fritter Potatoes/Gravy Veggies Assorted Desserts	Meatloaf Scalloped Potatoes Corn Chocolate Ice Cream	Cooks Choice	THANKSGIVING	Chicken Kiev Potatoes/Gravy Veggies Cake	Garlic Shrimp Rice Veggies Cookies
27	28	29	30			
Pork Chop Loaded Potatoes Peas & Carrots Pie	Minute Steak Potatoes/Gravy Zucchini Blend Assorted	Tilapia Rice Veggies Crisp	Fried Chicken Potatoes/Gravy Veggies Cake		Earl Best Resident Meal November 22nd	

November		Supper				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Chicken Wrap Wisconsin Cheese Soup	Brat Burger Chips	Sandwich White Chicken Chili	Lasagna Roll Up Bread	Chicken Strips Fries
6	7	8	9	10	11	12
Tuna Salad Veggie Soup	Waffles w/Strawberry Smokies	Loaded Chicken Salad Soup	Turkey Burger Sweet Potato Fries	Summer Sausage Cheese Ham & Bean Soup	Walking Taco	Subs Chips
13	14	15	16	17	18	19
Roast Beef Sandwich Lumber Jack Soup	Scrambled Eggs Skillet Toast	Hot Ham & Cheese Minestrone Soup	Fish Sandwich Slaw	Slider Corn Chowder	Goulash Roll	Chili Hot Dog
20	21	22	23	24	25	26
Ham Sandwich Potato Soup	Corn Beef Hash Scrambled Eggs Bagel	McRib Sandwich Chicken Noodle Soup	Crispy Chicken Fries	Maid Rite Chips	Spaghetti and Meatballs Garlic Bread	Turkey Tetrizzini Roll
27	28	29	30			
Turkey Sandwich Chips	English Muffin Bacon	Beef Stew Cornbread	Cheeseburger Fries			