



# HELLO August

## **From the Director's Desk:**

Happy August! I can not believe State Fair month is here as well as school starting for the local school districts. I can't believe I have a senior in high school! Madeline will be my senior and after her senior year she plans on going to college to get her R.N.

I am so happy to be back in the dining room. Thank you all for your patience! The kitchen staff did a wonderful job and I would like to thank them for that!

My condolences go out to Mary Alice Groff's family. Mary Alice will definitely be missed as well as her outgoing personality.

I will be bringing in sweet corn this month. If there is anyone that would like to help chuck the corn that would be great! I will keep you posted on the date.

We will be having another school supply donation box this year for the children that are less fortunate to get new school supplies. If you would like to donate, the box will be outside of my office.

Most of you have been asking about Mindy...She is doing pretty good for the most part. She had quite an extensive back surgery, so thank you for all the cards and prayers! She misses all of you and can't wait to see you soon.

~Linsey

# Maintenance News



## **Fire Update:**

Remember in case of a fire this is where you exit.

A Building-Exit out the Bridge door

B Building-Exit out the C door

C/D Building-Exit out the O door

**Remember do not use elevators!**

## **Tornado Update:**

In case of a tornado, please stay away from all windows. If you are in your apartment, go into your bathroom and shut the door.

If you can get to the community Room that is the safest place.



# Housekeeping News

**If you could do the housekeepers a favor and turn your air down to 72 degrees 30 minutes prior to them coming to clean that would be very appreciated!**

**Please remember to only put food down your sink on the disposal side.**

**Also, if it is your cleaning day please make sure your counters are cleared off for your housekeeper. Thank you!**



## Resident Birthdays!

Virginia Sloat~ August 2nd

Beverly Kelling~ August 4th

Jeanette Johnson~ August 4th

Ruth Kunch~ August 5th

Allan Bangtson~ August 8th

Jeanette Cooper~ August 8th

Paul Clark~ August 17th

June Bradley~ August 19th

Gordon Garske~ August 20th

Bill Love~ August 22nd

John Bradley~ August 23rd

Betty Kvidera~ August 24th

Ray Kirkdorffer~ August 29th

Royal Young~ August 30th

Remember the Resident Birthday  
Party Friday, August 5th@ 2PM  
in the Community Room!



Norm & Shirley Egli ~ August 4th

Joe & Mary Griffiths ~ August 14th

Ray & Kathy Kirkdorffer ~ August 28th

**Resident Birthday Party 2PM, August 5th in the Community Room**

## Regular Weekly Activities

### Monday

- 8:00AM Exercise in the Pool
- 6:30PM Game Night in The Perk Coffee Shop

**Medical Appointments Van Runs 8am-12pm**



### Tuesday

- 10:00AM Exercise Class in the Community Room
- 1:45PM Fareway (sign up)

### Wednesday

- 8:00AM Exercise in the Pool
- 10:00AM Play 500 in The Perk Coffee Shop
- 10:00AM Catholic Communion 1st Wednesday of the month
- 1:00PM Bible Study in the Perk
- 2:00PM Resident Meeting in the Chapel (3rd Wednesday)
- 3:00PM Bags in the Community Room



**Medical Appointments Van Runs 8am-12pm**

### Thursday

- 10:00AM Exercise Class in the Community Room



### Friday

**No Medical Appointments**

- 8:00AM Exercise in the Pool
- 9:30AM Kings in the Corner( Perk)
- 1:45PM Hyvee(2nd, 3rd, & 4th Friday go in the PM, sign up)
- 6:00PM Movie in the Theater

### Sunday

- 6:00PM Vespers in the Chapel



**FIND YOUR FUN  
AT THE IOWA STATE FAIR**

IowaStateFair **NOTHING COMPARES**

AUG **11-21** 2022

# August Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Smoked Sausage Scalloped Potatoes Sauerkraut Ice Cream	2 Pork Cutlet Potatoes & Gravy Green Beans Assorted Desserts	3 BBQ Meat Balls Loaded Potatoes Corn Cookies	4 Beer Battered Cod Rice Peas & Carrots Cake	5 Salisbury Steak Potatoes & Gravy Veggies Banana Bars	6 Pork Chops Scalloped Potatoes Veggies Flip
7 Chicken Potatoes & Gravy Veggies Pie	8 Dried Beef Gravy Over Toast California Medley Assorted Desserts	9 Ham Sweet Potatoes Stuffing Ice Cream	10 Catfish Rice Veggies Cookies	11 Honey Mustard Chicken Au gratins Veggies	12 Cooks Choice	13 Hamburger Steak Potatoes & Gravy Onions Crisp
14 Pork Roast Stuffing/Gravy Veggies Pie	15 Bacon wrapped Pork Chops Potatoes & Gravy Veggies Cake	16 Tilapia Rice Cauliflower Assorted Desserts	17 STATE FAIR FOOD	18 Minute Steak Potatoes & Gravy Veggies Lemon Bar	19 French Dip Fries Baked Beans Ice Cream	20 Sweet N Sour Chicken Rice Veggies Tarts
21 Pork Chops Cheesy Potatoes Mixed Veggies Pie	22 Pepper Steak White Rice Ice Cream	23 Fried Chicken Potatoes & Gravy Asparagus Chocolate Cake	24 Hobo Foil Pack Roll Turnover	25 Salmon Patties Loaded Potatoes Peas Cake	26 Cooks Choice	27 Broccoli Stuffed Chicken Au gratins Veggies Assorted Desserts
28 Roast Beef Potatoes & Gravy Green Beans Pie	29 Chicken Twice Baked Potatoes Ice Cream	30 Shrimp Rice Veggies Assorted Desserts	31 Swiss Steak Potatoes & Gravy Mixed Veggies Cake		Allan Bangtson Resident Meal August 23rd	

# August Supper

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Country Club Eggs Yogurt	2 Roast Beef Sandwich Chicken Wild Rice Soup	3 Pulled Pork Potato Salad	4 Cornbread Split Pea & Ham Soup	5 Chicken Noodles over Mashed Potatoes Bread	6 Tater Tot Casserole Roll
7 Egg Salad Veggie Soup	8 French Toast Sausage	9 Sandwich Broccoli & Cheese Soup	10 Turkey Burger Sweet Potato Fries	11 Chicken Bacon Ranch Slider Soup	12 Meat Ball Subs Chips	13 Chicken Parmesan Roll
14 Ham Sandwich Beef Stew	15 Quiche Tri Tater Yogurt	16 Pinwheel California Medley Soup	17 BLT Chips	18 Sloppy Joe Chicken & Dumpling Soup	19 Scalloped Potatoes & Ham Roll	20 Smoked Sausage Alfredo Bake Roll
21 Tuna Salad Chicken & Noddle Soup	22 Waffles w/Strawberries Smokies	23 Maid Rite Chips	24 Hot Dog Sauerkraut	25 Wraps Corn Chowder	26 Lazy Lasagna Garlic Bread	27 Pizza Wings
28 Turkey Sandwich Potato Leek	29 Scrambled Eggs Bagel Bacon	30 Slider Mushroom Brie Soup	31 Crispy Chicken Chips			

# AUGUST SPECIAL EVENTS 2022

3rd - Dollar Tree	1:45 p.m.	C or O doors
4th - Matchstick Marvels	1:30 p.m.	C or O doors
5th - Birthday Party	2:00 p.m.	Comm. Room
8th - Watermelon Feed	2:30 p.m.	Outside Perk
10th - Wal-Mart	1:45 p.m.	C or O doors
11th - Casino Trip	12:30 p.m.	Meet in Lobby
14th - Steve's Music	2:00 p.m.	Comm. Room
15th - Dennis Perry's Music	2:30 p.m.	Comm. Room
17th - Resident Meeting	2:00 p.m.	Chapel
Blood Pressure Check	2:30 p.m.	Perk
18th - Craft Class	2:00 p.m.	Perk
19th - State Fair Party	2:30 p.m.	Outside Perk Deck
22 <sup>nd</sup> - Mert and Jerry	2:30 p.m.	Community Room
24th- Wal-Mart Wed.	1:45 p.m.	C or O door
25 <sup>th</sup> - Roll & Coffee	9:30 a.m.	Perk
25th - Bingo	2:00 p.m.	Comm. Room
29 <sup>th</sup> - Jeopardy	2:00 p.m.	Perk
31 <sup>st</sup> - Haverhill Bar & Firehouse Aquatics	1:30 p.m.	Meet in Lobby