



HELLO JANUARY

From the Directors Desk:

Happy January! I can not believe it is a New Year! I hope you all had a Merry Christmas and Happy New Year! As you know there has been many people getting sick so we are going back to wearing masks in the hallways for all staff, residents, and visitors. I would like all of you to social distance to be safe.

Remember if you are feeling ill, stay home and we will bring you your meals.

We need to switch our Resident Board Meeting. It will still be the 3rd Wednesday of every month but the new time will be at 2pm, blood pressure

checks will be directly after the meeting in the perk. So this

means the bag game will now be every Wednesday at 3pm in the Community room. Maintenance will be coming around this month to change your furnace filters. I hope you all have a fabulous month

of January And stay healthy!

Love~Linsey

Christmas Fun





Resident Birthdays!

Cindy Ormston~ January 4th

Joan Schleisman ~ January 12th

Larry Koepnick~ January 14th

Norm Egli~ January 14th

Ruth Tomlinson~ January 16th

Mildred Wilkens~ January 16th

Venita Connley~ January 17th

Gene Seim~ January 19th

Glenda Barton~ January 26th

Harold Kelling~ January 28th

Carolyn Young~ January 28th

Carolyn Wood~ January 29th

Staff Birthdays!

Josette~ January 9th

Dee~ January 16th

Mindy~ January 24th



Regular Weekly Activities

Monday

Medical Appointments Van Runs All Day

- 8:00AM Exercise in the Pool
- 6:45PM Game Night in The Perk Coffee Shop



Tuesday

- 9:45AM Van Uptown (sign up)
- 10:00AM Exercise Class in the Community Room
- 1:45PM Fareway (sign up)

Wednesday

Medical Appointments Van Runs All Day

- 8:00AM Exercise in the Pool
- 10:00AM Play 500 in The Perk Coffee Shop
- 1:00PM Bible Study in the Chapel
- 1:45PM Wal-Mart (4th Wednesday, sign up)
- 2:00PM Resident Meeting in the Chapel (3rd Wednesday)
- 3:00PM Bags in the Community Room



Thursday

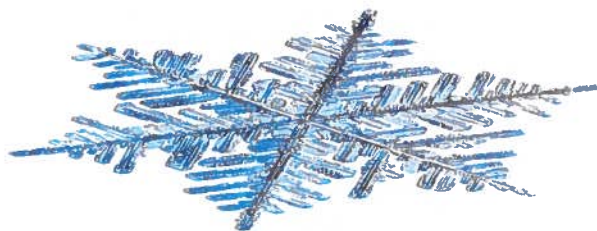
- 10:00AM Exercise Class in the Community Room



Friday

Medical Appointments Van Runs All Day

- 8:00AM Exercise in the Pool
- 9:30AM Kings in the Corner(Perk)
- 9:45AM Hy-Vee (First Friday goes in the AM, sign up)
- 9:45AM Southside (2nd, 3rd, & 4th Friday, sign up)
- 1:45PM Hyvee(2nd, 3rd, & 4th Friday go in the PM, sign up)
- 6:30PM Movie in the Theater



January

Dinner

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
Menu Subject to Change						Shrimp N Sausage Foil Pack Roll Strawberry Short Cake
2	3	4	5	6	7	8
Chicken Veggies Baby Bakers Pie	Lasagna Garlic Bread Cheesecake	Turkey w/ Gravy Stuffing Carrots & Onions Cake	Tilapia Loaded Potatoes Veggies Ice Cream	Ham Balls Cheesy Potatoes Asparagus Assorted Desserts	Pork Chop Potatoes & Gravy Veggies Pumpkin Bars	Swiss Steak White Rice Peas Cookies
9	10	11	12	13	14	15
Brisket w/ Gravy Potatoes & Gravy Veggies Pie	Orange Chicken Rice Asian Veggies Turnover	Ham Loaf Au gratins Squash Cinnamon Roll	Swedish Meat Balls Potatoes & Gravy California Medley Ice Cream	Catfish Rice Veggies Assorted Desserts	Porcupine Meatballs Cheesy Potatoes Zucchini Blend Fried Apples	Liver N Onions Potatoes & Gravy Cake
16	17	18	19	20	21	22
Pork Loin Stuffing Corn Pie	Country Fried Chicken Potatoes & Gravy Broccoli / Flip	Shrimp Scalloped Potatoes Brussels Lemon Bar	Salisbury Steak White Rice Butter Beans Cake	Cooks Choice	Meatloaf Potatoes & Gravy Mixed Veggies Assorted Desserts	Pork Chops Loaded Potatoes Carrots Ice Cream
23	24	25	26	27	28	29
Ham Scalloped Potatoes Veggies Pie	Minute Steak Potatoes & Gravy Cauliflower/Cheese Ice Cream	Chicken Cordon Bleu Cheesy Potatoes Veggies Assorted Desserts	Hobo Foil Pack Roll Brownies	Pork Cutlet Potatoes & Gravy Cookies	Baked Cod Seasoned Potatoes Peas & Carrots Cake	Country Fried Steak Potatoes & Gravy Malibu Veggies Ice Cream
30	31					
Pot Roast Red Potato/Gravy Veggie Pie	Cooks Choice					Orlyn & Doris Langenbau Resident Meal January 15th

January

Supper

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
Menu Subject to Change						Slider Sandwich Oyster Stew
2	3	4	5	6	7	8
Roast Beef Salad Veggie Soup	Sausage Gravy w/ Biscuits Scrambled Eggs	Club Wrap Broccoli & Cheese Soup	McRib Chips	Tuna & Noodles Roll	Chicken Strips Fries	Chef Salad
9	10	11	12	13	14	15
Ham Sandwich Chicken Noodle Soup	Country Club Eggs Yogurt	Roast Beef Sandwich Chicken Dumpling	Pulled Pork Potato Salad	Brats Sauerkraut Chips	Ravioli w/ Meat Sauce Garlic Bread	Walking Taco
16	17	18	19	20	21	22
Chicken Sandwich Lobster Bisque Soup	Fried Eggs Sausage Toast	Beef Slider Potato Soup	Crispy Chicken Fries	Turkey Sandwich Mushroom Brie Soup	Meatball Sub Chips	Baked Potato Bar
23	24	25	26	27	28	29
Loaded Chicken Salad Italian Wedding Soup	Pancakes Tri Tator Lil Smokies	Wings California Medley Soup	Turkey Burger Chips	Spaghetti w/ Meat Sauce Garlic Bread	Chicken Noodles over Mashed Potatoes Roll	Homemade Pizza Breadstick
30	31					
Beef Burger Chips	Scrambled Eggs Hash Yogurt					

JANUARY SPECIAL EVENTS 2022

1st - **HAPPY NEW YEAR!!**

3rd - Darrell Argo's Memorial (Refreshments to follow in Perk)	4:00 p.m.	Chapel
6th - Dollar General	1:45 p.m.	C or O doors
7th- Resident B'Day Party	2:00 p.m.	Comm. Room
10th - Visit Bickford	10:00 a.m.	C or O doors
Visit Grandview	1:45 p.m.	C or O doors
12th - Trip to Casino	Lv. @ 12:45 p.m.	Meet in Lobby
17th - Back Porch Pickers!!	2:00 p.m.	Comm. Room
19th - Roll & Coffee	9:30 a.m.	Perk
Resident Meeting	2:00 p.m.	Chapel
Blood Pressure Check	2:30 p.m.	Perk
Play Bags	3:00 p.m.	Comm. Room
26th - Wal-mart Wednesday!	1:45 p.m.	C or O door
27th - Play Bingo!	2:00 p.m.	Comm. Room
31st - Popcorn Party	3-4 p.m.	Perk