



Hello June

From the Directors Desk:

Happy June! The grass is green and flowers are blooming. We purchased flowers with the money we made from the Embers garage sale. The flowers are on the deck by the coffee shop if we have any volunteers that would like to plant the flowers in our pots around the building. A huge thanks to everyone that helped out at the garage sale!

With the warm weather I know you want to sit outside. Please make sure the patio door off of the coffee shop is closed. We are having trouble with units in the ceiling leaking due to condensation.

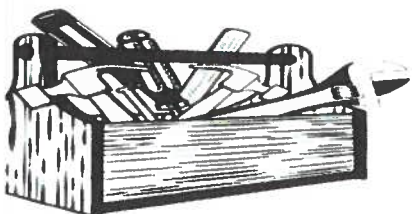
We are almost back to normal after a long year dealing with COVID-19. All I ask is that you have your visitors respect our residents and staff by wearing their mask if they have not yet been vaccinated. Thank you all for cooperating this past year and keeping our family at the Embers safe! Have a Happy June and please go see family and friends and enjoy the weather outside.

Housekeeping News



Please remember to empty all of your pockets before doing your laundry. This will help keep our laundry facilities working properly.

If you could have your kitchen and bathroom counters cleared off when housekeeping comes to clean your apartment, that would be greatly appreciated!



Maintenance News

All maintenance requests are required to be filled out on a blue slip

If you have any IT/Computer related requests please sign-up at the front desk.

Kitchen News



June will be bringing warm weather so we will have a few days that we will grill out and enjoy the outdoors!

If anyone has a Summer recipe that they want to share and have others enjoy please bring it to the kitchen staff.

If you are sick or not feeling well PLEASE stay home and let the kitchen know you need a tray.



Happy Birthday

Residents

Darlene Tiernan-June 2nd

Pat Preece -June 4th

Rita Rhodes-June 18th

Lloyd Preston-June 19th

Earl Best-June 28th

Staff

Stacy Roberts-June 8th

Linsey Karsjen-June 9th



John & June Bradley - June 4th

Bill & Cindy Ormston - June 8th

Charlie & Joan Fry - June 25th

Mike & Carolyn Wood - June 30th

w e l c o m e
h o m e

Beverly Schultz-Apt. 332

Regular Weekly Activities



Monday

Medical Appointments Van Runs All Day

- 8:00AM Exercise in the Pool
- 6:45PM Game Night in The Perk Coffee Shop

Tuesday

- 9:45AM Van Uptown (sign up)
- 10:00AM Exercise Class in the Community Room
- 1:45PM Fareway (sign up)
- 3:00PM Movie Matinee in the Theatre (2nd & 4th Tuesday)

Wednesday

Medical Appointments Van Runs All Day

- 8:00AM Exercise in the Pool
- 10:00AM Play 500 in The Perk Coffee Shop
- 10:00AM Resident Meeting in the Chapel (3rd Wednesday)
- 1:00PM Bible Study in the Chapel
- 1:45PM Wal-Mart (4th Wednesday, sign up)
- 3:00PM Bags in the Community Room

Thursday

- 10:00AM Exercise Class in the Community Room
- 2:00PM BINGO in the Community Room (2nd & 4th Thursday)

Friday

Medical Appointments Van Runs All Day

- 8:00AM Exercise in the Pool
- 9:45AM Hyvee (First Friday goes in the AM, sign up)
- 9:45AM Southside (2nd, 3rd, & 4th Friday, sign up)
- 1:45PM Hyvee(2nd, 3rd, & 4th Friday go in the PM, sign up)
- 6:30PM Movie in the Theater

JUNE SPECIAL EVENTS 2021

3rd - Casino Trip	Lv. @ 1:30	C or O doors
4th - Hy-Vee only	9:45 a.m.	C or O doors
Res. Birthday Party	2:00 p.m.	Comm. Room
6th- Vespers	6:30 p.m.	Chapel
Vespers will be held each Sunday evening in June at 6:30		
10th - Green Castle Lake (Hope to see the Buffalo!)	1:30 p.m.	C or O doors
14th - Putt Putt Golf and Refreshments	1:30 p.m.	Courtyard
16th - Resident Meeting	10:00 a.m.	Comm. Room
Blood Pressure Check	10:30 a.m.	Comm. Room
17th - Outdoor Concert	3-4 p.m.	Coffee Shop Deck
Rearview Mirror The Castell's		
23rd - Roll & Coffee	9:30 a.m.	Perk
Wal-mart	1:45 p.m.	C or O doors

June 2021 Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		BBQ Meat Balls Loaded Potatoes Mixed Veggies Cookies	Salisbury Steak Potatoes/Gravy Veggies Cake	Smoked Sausage Sauerkraut Scalloped Potatoes Cinnamon Rolls	Salmon Wild Rice Asian Veggies Assorted Desserts	Caprice Chicken Twice Baked Potatoes Cauliflower
6	7	8	9	10	11	12
Pot Roast Potatoes/Gravy Carrots Pie	Chicken Cordon Bleu Cheesy Potatoes Veggie Vanilla Dream Bar	Asian Beef Snap Peas Rice Lemon Bars	Battered Crusted Cod Loaded Potatoes California Medley Veg Cake	Bacon Wrapped Turkey Filet Riviera Blend Wild Rice Blue Berry Bars	Meatloaf Potatoes/Gravy Green Beans Assorted Desserts	Tenderloin Fries Baked Beans Turnover
13	14	15		17	18	19
Baked Chicken Potatoes/Gravy Corn Pie	Scalloped Potatoes & Ham Malibu Veggies	Lasagna Garlic Bread Tiramisu	Burnt Ends Cheesy Potatoes Creamed Peas Coffee Cake	Dried Beef Over Toast Havarti Beets Strawberry Short Cake	Pork Chop Cheesy Potatoes Veggies Assorted Desserts	Catfish Scalloped Potatoes Asparagus Cake
20	21	22	23	24	25	26
Shrimp Wild Rice Scalloped Corn Pie	Chicken Alfredo Broccoli Fried Apples	Bacon Wrapped Pork Chop Loaded Potatoes Green Beans Assorted Desserts	Country Fried Steak Potatoes/Gravy Corn Cake	Orange Chicken Asian Veggies Rice Flip	French Dip Fries Baked Beans Cookies	Shrimp & Sausage Foil Pack Roll Scotcheroos
27	28	29	30			
BBQ Ribs Mac N Cheese Green Beans Pie	Creamed Chicken Over Biscuit Ice Cream	Tilapia Stewed Tomatoes Au gratin Potatoes Banana Bars	Cooks Choice	Resident Meal Ruth Hayes June 20th		

June Supper 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Tuna Noodle Casserole Roll	2 Turkey Burger Chips	3 Chicken Wrap Wisconsin Cheese Soup	4 Cheese Tortellini w/ Meat Sauce Breadstick	5 Cooks Choice
6 Chicken Sandwich California Medley Soup	7 French Toast Sausage Pattie	8 Club Pinwheels Ultimate Potato Soup	9 Brat Sweet Potato Fries	10 BLT Chips	11 Goulash Dinner Roll	12 Turkey Tetrazzini Breadstick
13 Ham Sandwich Chicken Wild Rice Soup	14 Fried Eggs Bacon Potato Cakes	15 Sloppy Joe Chips	16 Fish Sandwich Side Winders	17 Grilled Cheese Tomato Soup	18 Spaghetti w/ Meatballs Bread	19 Cheeseburger Fries
20 Roast Beef Sandwich Cauliflower & Cheese Soup	21 Breakfast Sandwich Hash browns	22 Egg Salad Chicken Noodle Soup	23 Grilled Chicken Chips	24 Chef Salad	25 Chicken & Noodles over Mashed Potatoes Roll	26 Tater Tot Casserole Dinner Roll
27 Turkey Sandwich Broccoli & Cheese Soup	28 Corned Beef Hash English Muffin	29 Pulled Pork Potato Salad	30 Chili Hot Dog			